

CURRICULUM VITAE

Ana Lúcia Nunes Henriques (ana.henriques@ispup.up.pt)

RESEARCH INTERESTS

Social epidemiology / Health inequalities / Healthy ageing/ Social isolation/Social support

EDUCATION

Medical School University of Porto, Portugal
Degree: **Ph.D. in Public Health**, 2011-2015

Faculty of Psychology and Educational Sciences University of Porto, Portugal
Degree: **Integrated Master in Psychology**, area of specialization Clinical and Health, 2003-2008

EXPERIENCE

Co-coordinator of the EPIPorto cohort Porto, Portugal
Faculty of Medicine /institute of Public Health, University of Porto, May 2022 – present moment
Responsible for the entire cohort management (e.g. participants evaluation, data requests)

Invited Assistant Professor Porto, Portugal
Faculty of Medicine, University of Porto, September 2022 – present moment
Lecturer of Health and Society to the Master and Doctoral Programs of Public Health.

Junior Researcher Scientific Employment Stimulus FCT (CEECIND/01793/2017) Porto, Portugal
Host institution: Institute of Public Health of University of Porto (ISPUP), May 2019-present moment
Embodiment and quality of life in healthy ageing

INTERNATIONAL EXPERIENCE

Collaboration in teaching in the PhD course “Social Sciences and Ageing” from the University without Borders (joint force of universities of Galicia and Northern Portugal) (2022)

Honorary collaborator Universidad Miguel Hernández de Elche Alicante, Spain
Lectures about mental health of older people during the academic year 2020/2021 and 2021/2022 for the Department of Public Health, History of Science and Gynaecology

Beca Fundación Carolina /Grupo Tordesilhas Alicante, Spain
2-month Research Internship at Universidad Miguel Hernández. Feb-March 2020
Collaboration and development of the topic “Indicators of Healthy Ageing in the Iberian Peninsula”

CHAPTERS IN BOOKS

Henriques A, Azevedo A, Lunet N, Moura Ferreira P, Barros H, Carmo I, Silva S. Conhecimento sobre Obesidade [Obesity-related knowledge]. In Moura-Ferreira P, Lunet N, Silva S (Orgs), A informação sobre saúde dos Portugueses – Fontes, Conhecimentos e

Comportamentos [Health information of the Portuguese] (1st Ed). Lisboa: Associação para Investigação e Desenvolvimento da Faculdade de Medicina; 2017. p. 83-101.

Torres S, Vieira F, **Henriques A**. Programa de intervenção em grupo para doentes obesos após colocação da banda gástrica [group intervention program for obesity patients after bariatric surgery]. In M. P. Guerra, L. Lima, & S. Torres (Eds.), *Intervenção psicológica em grupos em contextos de saúde [psychological group intervention in health contexts]* (2^a ed). Lisboa: Climepsi Editores; 2014. p. 299-335

PUBLICATIONS IN PEER REVIEW JOURNALS

1. **Henriques A**, Ruano L, Fraga S, Soares S, Barros H, Talih M. Life-course socioeconomic status and its impact on functional health of Portuguese older adults. *J. Biosoc. Sci.* 2023 (accepted)
2. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Diminishing benefits of urban living for growth and development of school-aged children and adolescents in the 21st century. *Nature* 2023 615(7954):874-883. doi: 10.1038/s41586-023-05772-8.
3. Gonçalves M, Costa AR, Severo M, **Henriques A**, Barros H. Sleep patterns in childhood: a longitudinal assessment from the Generation XXI birth cohort. *Gac Sanit* 2023; 37:102293. doi: 10.1016/j.gaceta.2023.102293
4. Patrão AL, Almeida C, **Henriques A** Matos S, Barros H Griep R Aquino E. Body image distortion among Brazilian and Portuguese women with children: a comparative study between the ELSA-Brasil and Generation XXI cohorts. *Prev Med* 2022; 164:107316. doi: 10.1016/j.ypmed.2022.107316
5. Sampaio J, **Henriques A**, Ramos E, Dias I, Lopes A, Fraga S. Influence of Social Adversity on Perceived Health Status and Depressive Symptoms among Portuguese Older People. *Int J Environ Res Public Health* 2022 24;19(11):6355. doi: 10.3390/ijerph19116355
6. Vieira B, Brandão M, Warkentin S, **Henriques A**, Abelha F, Lucas R. Body image dissatisfaction and experimental pressure pain sensitivity in a cohort of 13-year-old adolescents. *J Psychosom Res* 2022 Apr 8;158:110912. doi: 10.1016/j.jpsychores.2022.110912
7. Dias I, **Henriques A**, Lopes A, Lemos R, Barros H, Fraga S. Abuse among Portuguese older people at a time of economic crisis recovery: findings from the Harmed study. *J Elder Abuse Negl* 2022 1-15. doi: 10.1080/08946566.2022.2039338.
8. Gonçalves M, **Henriques A**, Costa AR, Correia D, Severo M, Lucas R, Barros H. Insomnia and nightmare profiles during the COVID-19 pandemic in Portugal: characterization and associated factors. *Sleep Medicine* 2022 90:44-52. doi: 10.1016/j.sleep.2021.12.018
9. Moura A, Teixeira F, Amorim M, **Henriques A**, Nogueira C, Alves E. Scoping review on studies about the quality of life of informal caregivers of stroke survivors. *Qual Life Res* 2021 Online ahead of print
10. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Worldwide trends in hypertension prevalence and progress in treatment and control from 1990 to 2019: a pooled analysis of 1,173 population-representative studies with 104 million participants. *The Lancet* 2021; 398(10304):957-980. doi: 10.1016/S0140-6736(21)01330-1
11. **Henriques A**, Talih M, Pastor-Valero M, Fraga S; Dias I, Matijasevich A, Barros H. A multidimensional perspective of the relation between social isolation and depression among Portuguese older adults. *Health & Social Care in the Community* 2021 Online ahead of print. doi: 10.1111/hsc.13471
12. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Heterogeneous contributions of change in population distribution of body mass index to change in obesity and underweight. *ELife* 2021;10:e60060 DOI: 10.7554/eLife.60060

13. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Height and body-mass index trajectories of school-aged children and adolescents from 1985 to 2019 in 200 countries: Pooled analysis of 2,182 population-based studies with 65 million participants. *Lancet* 2020; 396(10261):1511-1524
14. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Repositioning of the global epicentre of non-optimal cholesterol. *Nature* 2020;582(7810):73-77. DOI: 10.1038/s41586-020-2338-1
15. Warkentin S, **Henriques A**, Oliveira A. Parents' perceptions and dissatisfaction with child silhouette: associated factors among 7-year-old children of the Generation XXI birth cohort. *Eat Weight Disord* 2020 DOI: 10.1007/s40519-020-00953-0. Online ahead of print.
16. **Henriques A**, Samorinha C, Ramos E, Silva S. Reproductive trajectories and social-biological dimensions in parenthood: Portuguese version of the Meaning of Parenthood scale. *Porto Biomed. J.* 2020; 5(4):e078
17. **Henriques A**, Silva S, Severo M, Fraga S, Barros H. Socioeconomic position and quality of life among older people: The mediating role of social support. *Preventive Medicine* 2020;135:106073 DOI: 10.1016/j.ypmed.2020.106073.
18. Rocha V, Stringhini S, **Henriques A**, Falcão H, Barros H, Fraga S. Life-course socioeconomic status and lung function in adulthood: a study in the EPIPorto Cohort. *J Epidemiol Community Health* 2020; 74(3):290-297
19. **Henriques A**, Azevedo A, Lunet N, Moura-Ferreira P, do Carmo I, Silva S. Obesity-related knowledge and body mass index: a national survey in Portugal. *Eat Weight Disord* 2019 DOI: 10.1007/s40519-019-00782-w
20. Dias N, Ribeiro A, **Henriques A**, Soares J, Hatzidimitriadou E, Ioannidi-Kapolou E, Lindert J, Sundin O, Toth O, Barros H, and Fraga S. (2019) Intimate partner violence and primary care and emergency use: the role of informal social support. *Health and Social Work*, hlaa007, DOI: 10.1093/hsw/hlaa007
21. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Rising rural body-mass index is the main driver of the global obesity epidemic. *Nature* 2019;569(7755):260-264.
22. Sousa J, **Henriques A**, da Silva Z, Severo M, Silva S. Posição socioeconómica e auto-avaliação da saúde bucal no Brasil: resultados da Pesquisa Nacional de Saúde [Socioeconomic position and self-rated dental health in Brazil: results from the National Health Survey]. *Cadernos de Saúde Pública* 2019 35(6):e00099518.
23. **Henriques A**, Silva S, Severo M, Fraga S, Ramos E. The influence of question wording on interpersonal trust: a comparison in randomly-equivalent groups. *Methodology* 2019, 15(2), 56-66.
24. Monjardino T, **Henriques A**, Moreira C, Rodrigues T, Adubeiro N, Nogueira L, Cooper C, Santos AC, Lucas R. Gestational Weight Gain and Offspring Bone Mass Different Associations in Healthy Weight versus Overweight Women. *J Bone Miner Res*, 2018; 34(1):38-48.
25. Coutinho H, Queirós C, **Henriques A**, Norton P, Alves E. Work-related determinants of psychosocial risk factors among employees in the hospital setting. *Work*, 2018; 61(4):551-560.
26. **Henriques A**, Teixeira V, Cardoso H, Azevedo A. The influence of stunting on Obesity in Adulthood: results from the EPIPorto Cohort. *Public Health Nutr* 2018; 21(10):1819-1826.
27. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Contributions of mean and shape of blood pressure distribution to worldwide trends and variations in raised blood pressure: a pooled analysis of 1018 population-based measurement studies with 88.6 million participants. *Int J Epidemiol* 2018 [[Epub ahead of print]].
28. Marques M, Alves E, Queirós C, Norton P, **Henriques A**. The effect of profession on burnout in hospital staff. *Occup Med (Lond)* 2018; 68(3):207-210
29. Araújo C, Laszczynska O, Viana M, Melão F, **Henriques A**, Borges A, Maciel M, Moreira I, Azevedo A. Sex differences in presenting symptoms of acute coronary syndrome: the EPIHeart cohort study. *BMJ Open* 2018; 8(2):e018798

30. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Worldwide trends in body-mass index, underweight, overweight, and obesity from 1975 to 2016: a pooled analysis of 2416 population-based measurement studies in 128·9 million children, adolescents, and adults. *Lancet* 2017; S0140-6736(17)32129-3
31. Osorio F, Ferro L, Garrido L, **Henriques A**, Cruz J, Fangueiro R, Fougo J, Azevedo A. Satisfaction with a therapeutic sleeve for arm lymphedema secondary to breast cancer treatment: Controlled crossover trial. *PBJ* 2017; 2(1):13-17
32. NCD Risk Factor Collaboration (NCD-RisC), in collaboration with Azevedo A, **Henriques A**. Worldwide trends in blood pressure from 1975 to 2015: A pooled analysis of 1,479 population-based measurement studies with 19.1 million participants. *Lancet* 2017 389(10064):37-55.
33. **Henriques A**, Araújo C, Viana M, Laszczynska O, Pereira M, Bennett K, Lunet N, Azevedo A. Disability-Adjusted Life Years (DALYs) lost to Ischemic Heart Disease in mainland Portugal, 2013. *Rev Port Cardiol* 2017; 36(4):273-281
34. **Henriques A**, Azevedo A. A biopsychosocial approach to the interrelation between motherhood and women's excessive weight. *PBJ* 2016; 1(2):59-64.
35. **Henriques A**, Severo M, Alves L, Barros H, Azevedo A. Weight change and its determinants in Portuguese adult women: a longitudinal analysis in the EPIPorto cohort. *J Epidemiol Community Health* 2015; 69(12):1162-8.
36. **Henriques A**, Santos AC, Guimarães JT, Barros H, Azevedo A. Healthy excessive weight in Portuguese women 4 years after delivery of a liveborn. *Prev Med.* 2015; 75:49-55.
37. **Henriques A**, Alves L, Alves E, Silva S, Barros H, Azevedo A. Social Trajectory and Body Image Satisfaction in Childbearing Women. *Matern Child Health J* 2015; 19(6):1237-44
38. Pires S, Festas MJ, Soares T, Amorim H, Santoalha J, **Henriques A**, Parada F. *Pistas auditivas externas na fisioterapia em grupo de doentes com Parkinson* [External auditory cues in group therapy of Parkinson's patients]. *Arq Med* 2014; 28(6):162-166.
39. **Henriques A**, Alves E, Azevedo A, Barros H. Women's satisfaction with body image before pregnancy and body mass index 4 years after delivery in the mothers of generation XXI. *PLoS One* 2013; 8(7):e70230.
40. Alves E, **Henriques A**, Correia S, Azevedo A, Barros H. Cardiovascular risk profile of mothers of a Portuguese birth cohort: a survey 4 years after delivery. *Prev Med* 2013; 57(5):494-9.