

Short CV

Cristina Albuquerque Godinho



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Cristina Albuquerque Godinho is Assistant Professor at the National School of Public Health (ENSP), NOVA University Lisbon, and Deputy Director of the National Program for the Promotion of Physical Activity of the Directorate-General for Health. With a PhD in Psychology (specialization in Clinical and Health Psychology), and a postgraduate degree in Data Analysis in Social Sciences, she co-coordinates the Master Course in Health Promotion at ENSP, teaching and coordinating several curricular units of postgraduate and doctoral courses under the topics of health promotion and social research methods. She is also a member of the Comprehensive Health Research Center (CHRC) and Associate Editor of the journal "Psicologia, Reflexão e Crítica" (Springer Nature). Her research focus on the area of health promotion, with a special focus on health behavior change, and on the development and evaluation of interventions. She has extensive experience in the collaboration on national and international research projects and has more than forty-five published scientific articles (Scopus Q1/Q2) and several book chapters with peer review on the determinants of health behaviors (e.g., physical activity, diet and vaccination), as well as interventions and communication aimed at behavioral change in the context of public health (h-index: 14). During COVID-19, she was appointed as a member of the Behavioral Sciences Task Force by the Portuguese Government, having also integrated several expert panels and technical consultancy for the World Health Organization on topics related to behavior change, diet, physical activity and obesity.

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